



## Chemical Peel Post-Treatment Care

### **DO-**

- Use a gentle cleanser for 14 days after peel.
- Use moisturizers as needed to add hydration to flaking/peeling skin throughout the peeling process.
- Avoid direct sunlight and use a broad-spectrum physical sunscreen with SPF of 30 and higher.

### **DO NOT-**

- Do not use any exfoliating products or devices for 14 days after your peel.
- Do not use any retinols for 14 days prior to or after peel.
- Do not use any type of toner or acid toning products 14 days after peel.
- Do not receive Botox, Dermal Fillers, Laser Procedures, Diamond Glows, or any other cosmetic procedures for 14 days prior to or after peel.
- Do not workout for 24 hours after peel.

**\*\*In the event of experiencing irritation, 1% hydrocortisone cream or product can be applied to irritated area(s).\*\***